

## **EXODUS NEW LIFE AGENDA CONTRACT**

In the spaces below state at least one goal in each category, A thru F, and thoughtfully complete categories G thru J. Keep goals and responses clear, life-giving, and SMART.

Specific Measurable Achievable Relevant Time-Framed

	Specifi	to ividustriate removatore rem	evant Time Trained	
A. Family Ties	B. Education		C. Physical Fitne	ess, Health
D. Community Involvement	E. Spiritual Gr	owth	F. Vocation, Wor	k, Money Management
G. Three future events that will imp	orove the quality of my life 2.		3.	
H. Practical Project		I. Primary Issue		
New or Revised Contract started Contract A thru F composed Cont		Contract G thru I composed	First goal achieved	Practical Project started
date	date	date	date	date